October

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| 1B-Cereal bars, milkL-Chicken Noodle Soup, pineapple, crackersS-Snack Crackers, milk | 2B-Bagels, peaches, milkL-Oven Baked Tacos, peaches, corn S- Carrots & Ranch, milk | 3B- Banana Oatmeal, milkL- Turkey and cheese sandwiches, watermelon, corn S- Apple slices, milk | 4B- Berry Oatmeal Bake, milkL- Pulled Pork Sandwiches, green beans, applesauce S Banana Sushi -, milk | 5 B- Cereal, mixed fruit, waterL- Chicken & Broccoli Quinoa Bake, mandarin oranges, rollS- Veggie ‘Pizza’, milk  |
| 8B- English Muffins w/jelly, pears, milkL- Grilled Cheese & Tomato Soup, carrots, crackersS- Animal crackers, milk | 9B- Cereal bars, milkL- Spaghetti Squash & meatballs, carrots, cantaloupeS- Cheese Sticks, Fruit Juice | 10B- Peach Oatmeal, milkL-Chicken Salad Sandwiches, corn pears S- Strawberries, milk | 11B- Cereal, fruit, waterL- “Sneaky” veggie mac & cheese w/ ground turkey, pears, roll S- Fresh Cherries, milk | 12B- Yogurt & Fresh Fruit, waterL- Shepard’s Pie, pineapple, rollS- Zucchini Muffins, milk  |
| 15B-Cereal, mixed fruit, waterL- Chicken Quesadilla, apple slices, cornS- Watermelon, milk | 16B- Banana French Toast Casserole, milkL- Mini Meatloaf, mashed potato, green beans, rollS- Animal crackers, milk  | 17B- Cereal bars, milkL- Mexican Chicken Quinoa, pears, rollS- Snack crackers, milk  | 18B- Waffles, peaches, milkL- Cauliflower Baked Ziti w/ Ground Beef, bananas S- Pineapple Chunks, milk | 19B- Raisin toast, pears, milkL- Chili, green beans, peas, crackersS- Blueberry muffins, milk |
| 22 B- Cereal bars. mixed fruit, milkL- Chicken Salad Sandwiches, corn, pearsS- Cantaloupe, milk  | 23B-Yogurt & Fresh Fruit, waterL- Taco Pasta Bake, pineapple, cornS- Carrots & Ranch, milk | 24B- English muffins, milkL- “Sneaky” veggie mac & cheese w/ ground beef, applesauce, rollS- Apple slices, milk | 25B- Apple French Toast Casserole, pineapple, milkL- Ham, lettuce, cheese roll-ups, tropical fruit, cauliflowerS- Yogurt, Fruit Juice | 26B- Cereal, fruit, waterL- Sausage Gravy & Biscuits, corn, peas S- Pumpkin Muffins, milk |
| 29B-Bagels, pineapple, milkL- Spaghetti & Meat Sauce, butternut squash, mixed fruitS-Watermelon, milk | 30B-Berry Oatmeal Bake, milkL-Breakfast Tacos, zucchini, cornS-Cheese Sticks, apple cider | 31B- Cereal, mixed fruit, waterL- Turkey & Cheese sandwiches, mashed sweet potato, peasS- Halloween Party | *1**B- Banana Oatmeal, milk**L- Chili, green beans, carrots, crackers**S- Apple slices w/ SunButter, milk* | *2**B- Yogurt & Fresh Fruit, water**L- Mini Meatloaf, mashed potato, carrots, roll**S- Applesauce Muffins, milk* |

Milk is always served with lunch although not indicated. Any necessary menu changes will be noted on the menu in the lobby.